

Images in clinical medicine



Bullous pemphigoid: a rare clinical image

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Bullous pemphigoid: a rare clinical image

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Image in medicine

Bullous pemphigoid (BP) is the most common autoimmune blistering illness, accounting for 70% to 80% of all subepidermal immunobullous cases. Bullous pemphigoid primarily affects the elderly, especially those who are between 60 to 80 years of age. Bullous pemphigoid (BP) is a rare autoimmune blistering illness characterized by the development of autoantibodies directed towards basement membrane zone components such as BP180 and BP230. It primarily affects the elderly, with a peak occurrence during the seventh and eighth decades of life. We present a rare case of an 80-year-old male with a bullous pemphigoid. The patient reported widespread blistering and

erosions on his back skin, and upper and lower arms, as well as itching, discomfort, and pain. A rare seen in an 80-year-old male was presented to the hospital with a serious complaint of tense blisters. Blisters are frequently seen on the arms, and upper and lower extremities, The patient is taking corticosteroids, prednisolone, intravenous immunoglobulin, and anti-inflammatory drugs. A skin biopsy is recommended for the patient. There are various therapeutic options for this sickness, including anti-inflammatory medications, pharmaceuticals that decrease antibody formation, and treatments that improve antibody

removal. Systemic corticosteroids are frequently used as first-line therapy, sometimes in conjunction with immunosuppressive medications like azathioprine or mycophenolate mofetil in resistant cases. Emerging drugs, such as rituximab and intravenous immunoglobulin, show promise in situations where standard therapy fails. Despite therapeutic improvements, blood pressure remains a complex illness linked with significant morbidity and death, emphasizing the need for ongoing research to enhance diagnostic procedures and create tailored therapeutics.



Figure 1: widespread blistering and erosions over his back skin, upper and lower arm